

PSYCHOLOGY STUDIES COURSE MODULES

Social issues and human behaviour fascinate you, and you are constantly trying to figure out what makes people tick and how you can better support the vulnerable and disadvantaged in society. If you identify with this, the Diploma in Psychology Studies [PCS] could be just right for you!

This rigorous diploma gives you the right skills you need to apply psychology in various fields from education, health care and social services to human resource and development. With the highly practical and relevant professional skills that PCS provides, you will be well prepared for a career in this field.

In the first year, you will obtain a foundation in psychology and sociology, and be introduced to social services in Singapore.

In the second year, you can look forward to being involved in Service-Learning projects. In the final year, you will pick up skills to understand and work with various communities. Throughout the course, you will be taught professional skills in areas such as conducting research, counselling, managing conflicts and applying behaviour modification, as well as group facilitation techniques in clinical, counselling and social work settings. To further hone your skills, you will work on research projects with industry partners right from the first year.

In the final year, you will get the chance to intern at and complete a final-year project with key organisations. Our industry partners include government agencies [National Council of Social Services and Singapore Prison Service], hospitals [Tan Tock Seng Hospital and Institute of Mental Health], and voluntary welfare organisations or VWOs [Asian Women's Welfare Association and family service centres].

LEVEL 3.1

Community Psychology

This module introduces community analysis to identify problems and challenges within a community, and promote individual and community wellbeing through prevention and intervention efforts. Students will learn to develop appropriate content and tools of communication for educational and advocacy purposes, including the design and delivery of public education campaigns and promotional communication to inform, educate and persuade audiences in community settings.

Fundamentals of Crisis Intervention

This module acquaints students with the psychological impact of a crisis and disaster and the importance of timely intervention. The aim is to ground students in the knowledge of psychosocial needs of clients in crisis and beyond, chronic and acute trauma experiences, and stress disorders. Students also study intervention strategies to relieve stress and trauma, and techniques of stress inoculation appropriate for clients from different demographic backgrounds.

Organisational Behaviour & Development

This module enables students to acquire a basic understanding of human behaviour in organisations and aims to provide a grounding of the different psychological perspectives used in the analysis of human beings in work and organisations.

Working with the Elderly, Youths and Children

This module exposes students to practical work with the various population groups in the community. Through the opportunity to work on real world projects conducted in collaboration with community-based organisations, students will develop project management, applied research and intervention skills to effect change in the community.

Project ID: Connecting the Dots[^]

This module aims to prepare students for an increasingly globalized and interconnected world where problems are multi-faceted and require interdisciplinary research and collaboration to solve. Using a project-based learning approach, students will have the opportunity to work in a multi-disciplinary team to investigate and propose comprehensive recommendations for a pressing real-world problem affecting Singapore. They will be guided to step out of their disciplinary silos and effectively communicate and collaborate with peers from different backgrounds. Ultimately, the module seeks to develop independent learning skills and the ability to synthesize diverse strands of knowledge to solve a complex problem, while impressing on students the importance of being a responsible global citizen.

Career & Professional Preparation III

This module equips students with personal grooming skills required in a professional setting. Students will be taught grooming and social etiquette as well as appropriate dressing. Other topics include making small talk and handling difficult conversations.

Interdisciplinary Studies[^]

Any one Interdisciplinary Studies (IS) elective.

LEVEL 3.2

6-Month Internship / Project

This module provides the opportunity for students to go on an industry internship attachment and undertake a final-year project. For internships, students will be attached to a social service agency, organisation or psychology clinic. Alternatively, students can embark on an independent research project based on an approved topic. The project will include some fieldwork, to be carried out under the supervision of academic staff.

COURSE CURRICULUM

YEAR 3

Level 3.1 (24 hours per week)

Community Psychology	4
Fundamentals of Crisis Intervention	2
Organisational Behaviour & Development	4
Working with the Elderly, Youths and Children	4
Project ID: Connecting the Dots	4
Career & Professional Preparation III	4
Interdisciplinary Studies (IS) elective [^]	2

Level 3.2

6-Month Internship / Project	22
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Notes:

[^] For more details on Interdisciplinary Studies (IS) electives, please log on to www.np.edu.sg/is/

IS Modules

The School of Interdisciplinary Studies (IS) delivers a broad-based curriculum, which nurtures a new generation of professionals with multidisciplinary skills and an innovative and entrepreneurial spirit to meet the challenges of a knowledge economy. IS offers both prescribed modules and electives to challenge boundaries. Prescribed modules develop students' competencies in core areas such as Communication, Innovation and Enterprise, Culture and Communication, and Personal Mastery and Development, while elective modules provide insights into Arts and Humanities, Business, Design, and Science and Technology.