

hs

SCHOOL OF
HEALTH
SCIENCES

- Nursing
- Optometry





- 1 School Intro
- 5 Nursing (N69)
- 11 Optometry (N83)



A Passion to Touch Lives

Ever dreamed of making a real difference in people's lives? The School of Health Sciences (HS) offers you the chance to shape the future of healthcare and leave a lasting positive impact. Join our thriving community and gain the skills you need to tackle tomorrow's health challenges. Get your XTRA edge to unlock a world of exciting career and further study possibilities.



Why Choose HS



Gain Future-ready Skills

Gain hands-on experience in simulated real-world environments. Prepare for the future of healthcare by training with cutting-edge technologies like AI, VR, XR, and more!

Get Trained by The Best

Learn from highly qualified healthcare professionals with deep industry expertise, including Singapore's largest team of certified End-of-Life Nursing Education Consortium (ELNEC) trainers.



Open Doors to University Progression

Our Nursing and Optometry alumni achieve one of the highest university progression rates among healthcare diplomas in Singapore. Many of our Nursing graduates also secure direct entry into Year 2 of the nursing degree at NUS.

Equipped for Excellence

Customise your learning with the most diverse range of electives and advanced vision care topics. Gain early clinical exposure and train with cutting-edge tools from global eye care leaders ZEISS and EssilorLuxottica.



Scan this QR code to go on a learning journey at the School of Health Sciences



Extensive, Hands-on Training

HS collaborates with leading healthcare groups, community hospitals, nursing homes, and eye care providers to prepare you for the real world.



For Nursing Students:

- 480 hours of hands-on practice in cutting-edge simulation labs
- 32-week clinical attachment starting as early as Year 1



For Optometry Students:

- 16-week internship at two different locations or 25-week local/overseas internship



Train at top-notch industry-standard facilities:

- Patient Simulation Centre
- Operating Theatres, Emergency & Nursing Care Units
- ZEISS Management Suite @ NP Optometry Centre
- AI-powered systems, VR/AR tools, and the ZEISS MyoConsult platform

Our renowned partners include:

- Public healthcare clusters: National Healthcare Group, National University Health System, Singapore Health Services, etc.
- Private hospitals
- Community hospital and nursing homes
- Eyecare establishments: ZEISS Vision Care, EssilorLuxottica, Menicon Singapore, etc.

go flex at HS



Shape a learning journey that matches your unique interests with NP's **Go FLEX (Flexible Learning EXperience)** and get a head start on your further studies and career!



Go BROADER

Personalised Learning Pathway (PLP) Minor

With **12 Minors** and **>50 Learning Units (LUs)**, unlock possibilities by pairing your diploma with one of the following Minors:

- Applied Psychology
- Cybersecurity
- Data Analytics & AI
- Entrepreneurship
- Environmental Sustainability
- Foreign Languages
- Global Readiness
- Robotics & Innovation
- Social Leadership
- Social Media Marketing
- Sustainable Care
- User Experience Design

Check out the wide range of LUs at www.np.edu.sg/plp



Go DEEPER

Specialisations

Deepen your skills in areas that match your career aspirations. Final-year NSG students can choose from 3 electives: **Digital Health, Evidence-based Nursing** and **Patient Management in Chronic Diseases**.



Go FURTHER

Passion+ Pathways

Kick-start your entrepreneurial journey or venture into Southeast Asia with confidence through our signature **Global Entrepreneurial Internship Programme** and **Southeast Asia Immersion Leadership Programme**.



Go GLOBAL

Overseas Programmes

Our **Overseas Immersion Programmes** to China, Thailand and Indonesia give you insights into life in vibrant Asian cities as you engage with local communities. Plus, our **Youth Expedition Projects** will inspire as you use your skills to serve!

OPT students can also look forward to the NP-ZEISS Specialised Overseas Internship Programme!



Go DIRECT

Further Studies

Many NSG graduates gain direct admission to Year 2 of the Bachelor of Science (Nursing) at **NUS**!



Get latest updates on course



N69

Diploma in Nursing

- Hone your skills with **480 hours of hands-on practice** – the most in a local nursing diploma course – in state-of-the-art nursing and simulation labs
- Gain real-world experience with **32 weeks of clinical training** starting as early as Year 1, along with overseas immersion opportunities to Thailand, China, the Philippines, and Australia
- Deepen your knowledge with electives in **Digital Health, Evidence-based Nursing** and **Patient Management in Chronic Diseases**
- With the highest uni progression rate among nursing diplomas, look forward to pursuing **degrees in Nursing, Medicine or Allied Healthcare at NUS, NTU and SIT!**



Scan this QR code for more details about **Go FLEX**

WHAT THE COURSE IS ABOUT

The Diploma in Nursing (NSG) is a comprehensive course that prepares you to become a versatile healthcare professional. You will learn how to manage medical conditions and get trained to make critical decisions that impact lives.

Practice-based Learning

Throughout your three years of study, receive 480 hours of hands-on training in our state-of-the-art nursing and simulation labs. You will also learn from industry experts and gain valuable healthcare insights through 32 weeks of clinical training across various specialties, starting from the first year.

Future-ready Healthcare

Engage with immersive digital learning technologies such as Artificial Intelligence, Virtual Reality, robotics, and telehealth simulations. Tools like AI Marker for patient assessments and AI Tutor for personalised learning will sharpen your clinical judgment and decision-making. You will also explore how wearables and digital platforms are transforming patient care, building the digital capabilities you need for a tech-enabled future.

Cutting-edge Facilities

Hone your skills in industry-standard facilities such as our Nursing and Simulation labs, complete with mannequins that can interact with you like a real patient. Other facilities include well-equipped operating theatres, intensive and emergency care units, nursing laboratories and smart classrooms.

Overseas Exposure

Expand your world view and develop the skills to thrive in the global healthcare system through overseas immersion and Service-Learning trips to countries like Thailand, China, the Philippines, and Australia.

Post-graduation Opportunities

Upon graduation, you can work as a registered nurse or explore career opportunities in the healthcare, pharmaceutical and biomedical industries, both locally and abroad. NSG also prepares you for further studies at local and international universities.

THE NSG XTRA EDGE

(480 HOURS of hands-on practical!)

to build skills and confidence
– the most among similar diplomas

Nearly
1 in 2
Nursing
grads

progressed to University
– the highest rate
among similar diplomas

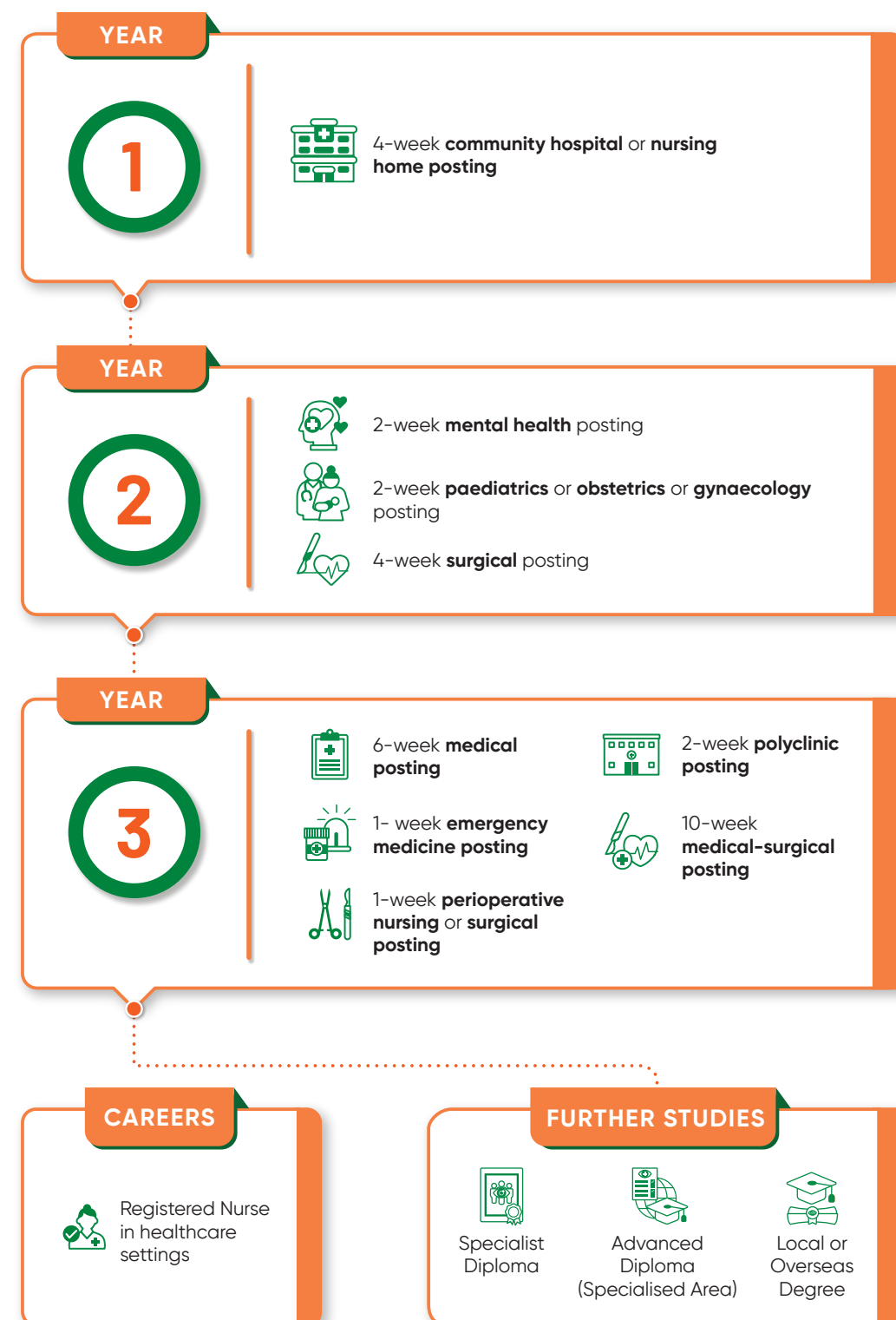
**Eleven
NP Nursing
grads**

have made it
to NUS Medical
School since
2022!



THE MOST DIVERSE INDUSTRY EXPOSURE YOU CAN EVER GET

With nine different postings across government and private healthcare settings, you will gain real-world experience for a career head start. Interested in further studies? These hands-on experiences will help you choose your specialisation.



WHAT YOU WILL LEARN

YEAR 1 - Fundamentals of Nursing - Behavioural Sciences - Gerontology & Community Nursing - Introduction to Pharmacology - Nursing Skills Laboratory 1.1 & 1.2 - Human Biosciences 1.1 & 1.2 - Clinical Practice 1.2 - Innovation Made Possible^ - Communication: Find Your Voice (VOICE)^ - Health & Wellness^ - English Language Express^*	YEAR 2 - Nursing Skills Laboratory 2.1 & 2.2 - Integrated Nursing Sciences 2.1 & 2.2 - Clinical Practice 2.1 & 2.2 - Introduction to Nursing Research - Law, Ethics & Health Care - Mental Health Nursing and Palliative Care - Women & Children Health - World Issues: A Singapore Perspective^	YEAR 3 - Integrated Nursing Sciences 3.1 - Nursing Skills Laboratory 3.1 - Nursing Management & Professional Development - Nursing Elective* - Clinical Practice 3.2 - Clinical Practice (Specialised) - Pre-registration Consolidation Practice - Healthcare Career & Professional Preparation - Project ID: Connecting the Dots^
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^ Critical Core modules account for 11 credit units of the diploma curriculum. They include modules in communication, innovation and world issues, as well as an interdisciplinary project. By bringing students from diverse diplomas together, the interdisciplinary project fosters collaboration to explore and propose solutions for real-world problems. NP aims to develop students to be agile and self-directed learners, ready for the future workplace.

^*For selected students.

*Choose 1 of 3 electives: Patient Management in Chronic Diseases, Digital Health or Evidence-based Nursing

To keep our curriculum current and robust, diploma modules are subject to change over the three years. Please visit our website for latest updates.

FURTHER STUDIES

Your diploma will open doors for you to pursue degrees in various fields at top universities, both locally and abroad.

For example, 11 NSG graduates have been admitted to the prestigious Yong Loo Lin School of Medicine at the National University of Singapore (NUS) since 2022. In addition, many nursing graduates have been accepted directly into the second year of the nursing degree programme at NUS. Our graduates have also pursued degrees in arts, social sciences, psychology, law, biological and life sciences, and more.

You can also gain admission to the Bachelor of Science (Nursing) with Honours programme, jointly offered by the Singapore Institute of Technology and University of Glasgow. Co-created and designed with inputs from the industry and the Ministry of Health, the programme is accredited by the Singapore Nursing Board.

As a professional nurse, you can advance your skills in a specialised field through an Advanced Diploma in fields such as Perioperative Nursing, Critical Care Nursing and Palliative Care Nursing, or an Advanced Diploma in Palliative Care Nursing.



Daniel Lalonde-low
Class of 2025
Pursuing Medicine at NUS Yong Loo Lin School of Medicine



Malcolm Chew
Class of 2025
Gained direct entry into Year 2 of the Nursing degree programme at NUS Alice Lee Centre for Nursing Studies



Jolene Tan
Class of 2023
Pursuing Medicine at the NUS Yong Yoo Lin School of Medicine



LEVELLING UP FOR GROWTH

Kristopher Chow graduated as a Silver Medallist of the Diploma in Nursing in 2013 and later earned his Nursing degree with Highest Distinction from the National University of Singapore, where he was Valedictorian. Returning to NP a decade later, he completed the Advanced Diploma in Critical Care Nursing programme. He now serves as a Senior Staff Nurse in Interventional Cardiology at the National Heart Centre, bringing expertise and dedication to patient care.



HEALTHCARE SCHOLARS

Ten NSG students and graduates received Healthcare Scholarships by MOH Holdings in 2025 to pursue further studies in allied healthcare or specialised fields. The scholarships included the Integrated Nursing Scholarship, Healthcare Merit Award and Community Care Scholarship.

CAREER

Upon graduation, become a Singapore Nursing Board-registered nurse to practise in both government and private healthcare settings.



Dionne Liew
Class of 2008
Assistant Director of Nursing at Tan Tock Seng Hospital



BREAKING BARRIERS AT HACK CARE: YOLO!

Nursing students **Natasha Tan**, **Tan Pui Lok**, and **Miranda Tan** clinched the top gold award at HACK CARE: YOLO 2024, organised by the Singapore Hospice Council. Their project, Legacy Odyssey, focused on promoting open discussions about death and palliative care. By gamifying these often-stigmatised topics, they aimed to break down barriers and create engaging learning experiences.

Entry Requirements

Aggregate Type ELR2B2-C

To be eligible for consideration, candidates must have the following GCE 'O' Level examination (or equivalent) results.

Subject	'O' level Grade
English Language	1-7
Additional Mathematics/Mathematics	1-6
Any one of the following subjects:	1-6
Biology	
Biotechnology	
Chemistry	
Food & Nutrition/Nutrition & Food Science	
Physics	
Science (Chemistry, Biology)	
Science (Physics, Biology)	
Science (Physics, Chemistry)	

Applicants must also fulfil the aggregate computation requirements for the ELR2B2-C Aggregate Type (English Language, 2 relevant subjects and 2 other best subjects) listed at www.np.edu.sg/docs/ELR2B2.pdf.

Before applying, please review your fitness eligibility through the Pre-Admission Medical Examination, which covers vaccination requirements and the Fitness to Practice Advisory. This helps ensure all students are ready to provide safe, effective care. If you have a health condition that may affect your mental, cognitive, physical, auditory, or visual abilities and could impact your ability to perform patient care safely and effectively, please contact us at contact_HS@np.edu.sg for further guidance and assistance.

CONTACT US

For the most up-to-date information on NP's Diploma in Nursing, log on to www.np.edu.sg/nsg



Get latest updates on course



N83

Diploma in Optometry

- Build strong industry relevance with curriculum co-designed, co-delivered or co-assessed by **leading industry partners** such as ZEISS
- Choose either a **16-week internship at two different settings** or a **25-week local/overseas internship**
- Gain future-ready skills that open doors to diverse opportunities
- Enjoy **100% employment rate** in **optometry-related jobs** and **attractive salaries** in community optometry practices

WHAT THE COURSE IS ABOUT

With an ageing population, rising rates of myopia, and more chronic diseases conditions like diabetes that can affect vision, the demand for quality eye care is growing. With our Diploma in Optometry (OPT), you will be equipped to make a real difference. Upon graduation, you can prescribe optical treatments as a registered optometrist. Plus, our broad-based curriculum opens doors to exciting opportunities beyond healthcare.

Broad-based Curriculum

With myopia control management modules co-developed with ZEISS, you will learn how to manage myopia cases – particularly among children, but also in people of all ages. Beyond the core modules, you will dive into topics such as data analytics, biostatistics, and research methods, equipping you with a well-rounded foundation for the evolving eye care landscape.



Tech-enabled Learning

Get ready for dynamic learning experiences with our tech tools, such as Gen AI, immersive games, and VR/AR technology, to learn about eye conditions and understand how patients view the world.

Diverse Learning Opportunities

Choose a 16-week placement in two different workplaces, including an ophthalmology clinic, eye care product company, or a community optometric practice. Alternatively, you can explore various specialisations in optometry – such as myopia management, education and research – through a 25-week specialised internship programme with multinational companies like OWNDAYS and EssilorLuxottica, or an overseas internship with ZEISS Vision Care.

Your learning will also be enriched by Overseas Immersion Programmes and Service-Learning trips.

State-of-the-art Training Facilities

The NP-ZEISS Management Suite at our Optometry Centre is where you will get hands-on experience with cutting-edge optometric instruments. Learn to use ZEISS' complete range of digital eye examination equipment to monitor ocular health progression and myopia development. The ZEISS MyoConsult platform will even prepare you to co-manage myopia with hospital-based eyecare practitioners, giving you an extra edge for career advancement in the optometric sector.

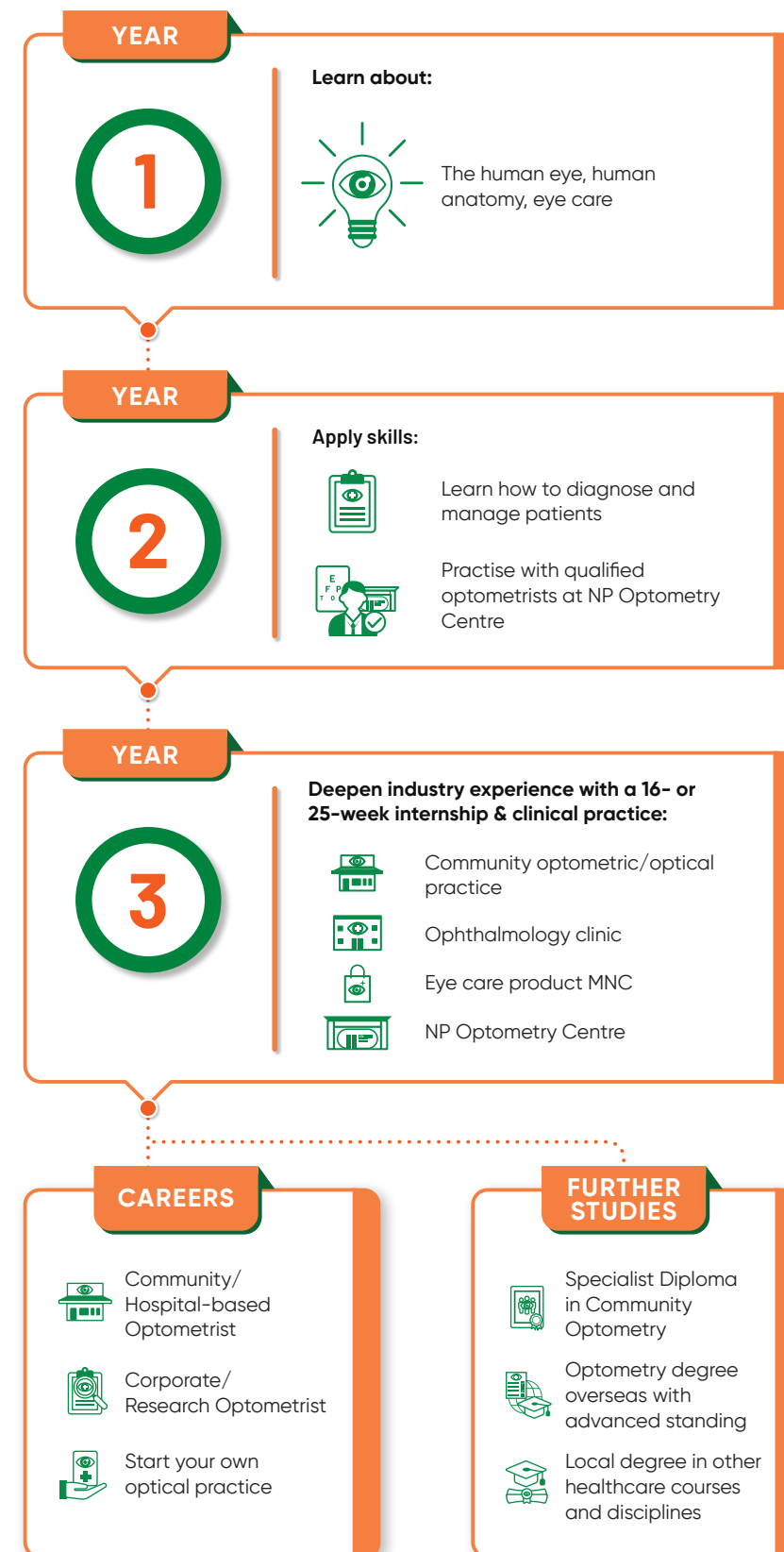


BROADENING GLOBAL PERSPECTIVES

Hansel Kan (left) and Jevon Lee (right) were the first Optometry students to complete a 6-month overseas internship at Carl Zeiss Philippines. They shadowed and worked closely with local optometrists and ophthalmologists, gaining hands-on experience managing patients with diverse eye conditions.

Beyond the clinic, they joined community initiatives supporting the less fortunate and had the opportunity to visit Centro Escolar University. This experience sharpened their skills and broadened their perspectives on global healthcare practices.

OVERVIEW OF YOUR OPT JOURNEY



WHAT YOU WILL LEARN

YEAR 1

- AR 1
- General Anatomy & Physiology
- Geometrical & Physical Optics
- Introduction to Data Analytics with Excel
- Ocular Anatomy & Physiology
- General Pathology & Diseases
- Ocular Health Assessment & Disease Management 1
- Refraction
- Ophthalmic Optics & Dispensing
- Health & Wellness^
- Innovation Made Possible^
- Communication: Find Your Voice (VOICE)^
- English Language Express^*

YEAR 2

- Ocular Health Assessment & Disease Management 2
- Contact Lens & Fitting 1 & 2
- Ophthalmic Dispensing & Prescribing
- Visual Perception & Instrumentation
- Biostatistics & Research Methods
- Introduction to Optometric Practice
- Binocular & Paediatric Vision
- Clinical Optometry & Communication
- World Issues: A Singapore Perspective^

YEAR 3

- Integrated Optometric Practice
- Advanced Optometric Practice
- Advanced Contact Lens Practice
- Optometric Practice Management & Ethics
- Healthcare Career & Professional Preparation (Optometry)
- Ophthalmic Pharmacology
- 16-week Internship or 25-week Specialised Internship Programme
- Project ID: Connecting the Dots^



^Critical Core modules account for 13 credit units of the diploma curriculum. They include modules in communication, innovation and world issues, as well as an interdisciplinary project. By bringing students from diverse diplomas together, the interdisciplinary project fosters collaboration to explore and propose solutions for real-world problems. NP aims to develop students to be agile and self-directed learners, ready for the future workplace.

^* For selected students.

To keep our curriculum current and robust, diploma modules are subject to change over the three years. Please visit our website for latest updates

FURTHER STUDIES

Some of our Optometry graduates have progressed to pursue healthcare-related degree courses or even degrees in other disciplines such as arts, social sciences, business administration, and communications and new media at local universities.

As an Optometry graduate, you can also enrol in the Specialist Diploma in Community Optometry offered by NP or to pursue Optometry degree programmes at universities such as:

- Australia**
- Queensland University of Technology
 - University of New South Wales

- New Zealand**
- University of Auckland

- United Kingdom**
- Aston University
 - Cardiff University
 - Glasgow Caledonian University
 - University of Manchester



Claudia Gian
Class of 2023

Pursuing degree in Optometry at Glasgow Caledonian University

CAREER

As an Optometry graduate, you can land rewarding roles in community-based optometry practices which draw attractive salaries. Alternatively, you can also work at ophthalmology clinics, eye care product companies, research centres and hospitals.

- You can explore roles such as:
- Community-Based Optometrist
 - Lens Consultant
 - Marketing and Customer Development Executive
 - Professional Affairs Executive
 - Research Optometrist



Nurul Ain
Class of 2018

Clinical Research Coordinator at Singapore Eye Research Institute (SERI)



Goh Kheng Yan
Class of 2020

Orthoptist at Imperial College Healthcare NHS Trust

Entry Requirements

Aggregate Type ELR2B2-C
To be eligible for consideration, candidates must have the following GCE 'O' Level examination (or equivalent) results.

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English Language	1-7
Additional Mathematics/Mathematics	1-6
Any one of the following subjects:	1-6
Biology	
Biotechnology	
Chemistry	
Food & Nutrition/Nutrition & Food Science	
Physics	
Science (Chemistry, Biology)	
Science (Physics, Biology)	
Science (Physics, Chemistry)	

Applicants must also fulfil the aggregate computation requirements for the ELR2B2-C Aggregate Type (English Language, 2 relevant subjects and 2 other best subjects) listed at www.np.edu.sg/docs/ELR2B2.pdf.

For students with other qualifications, please refer to the NP website for the entry requirements and admissions exercise period.

Candidates with severe vision deficiency or severe physical impairments may encounter difficulties meeting the course requirements and expectations. Please refer to the Optometrists & Opticians Board (OOB) Professional Practice Code and Guidelines on "Fitness to Practice" for guidance.

CONTACT US

For the most up-to-date information on NP's Diploma in Optometry, log on to www.np.edu.sg/opt

Our Graduates with that Something XTRA



NGEE ANN KONGSI GOLD MEDALLIST

Selected to be part of a multidisciplinary team that worked with Metropolia University of Applied Sciences in Finland and Hovi Care Singapore, Natalie helped to develop a game for dementia patients' rehabilitation. Her exceptional performance earned her the prestigious Ngee Ann Kongsi Gold Medal, making her the first Nursing graduate in NP to receive this honour. Natalie subsequently graduated with a Bachelor of Science (Nursing) (Hons) and a Minor in Public Health from NUS.

NATALIE YEH

Nursing graduate, Class of 2022



LATE BLOOMER TURNED PSC SCHOLAR

Despite his initial struggles, Figqi persevered and scored well in the N-levels, clinching a spot in NP's Nursing course. He had opportunities to interact with patients, work with experienced professionals, and undergo training through clinical attachments. His efforts paid off as he was offered a PSC scholarship. He is currently in his final year pursuing a degree with a double major in Social Work and Public Health at NUS.

FIQRI NUR HAZIQ BIN ABU BAKAR

Health Sciences (Nursing)* graduate, Class of 2020

*Renamed the Diploma in Nursing



BRIDGING NURSING AND LAW

Hafashah's journey is a true testament to constant self-improvement. From his early studies in Nursing at ITE and NP to pursuing degrees in both Nursing and Law, he has never stopped growing. Now in his third year of graduate-level law studies at SUSS, Hafashah is combining his healthcare expertise with legal knowledge to educate fellow nurses at NUH on the laws governing healthcare, all while serving as a nurse clinician in the intensive care unit.

MUHAMMAD HAFASHAH MOHD ASLAM

Health Sciences (Nursing)* graduate, Class of 2012

*Renamed the Diploma in Nursing



A GLOBETROTTING NGO VOLUNTEER

While working as an assistant manager at Essilor Amera's Philanthropy division, Jovian Brandon volunteers with Non-Governmental Organisations like Essilor Vision Foundation and Sight to Sky. He has travelled as far as Nepal and India to provide eye care services to the underprivileged.

JOVIAN NIGEL BRANDON

Optometry graduate, Class of 2017

Made It To Medical School

Since 2022, 11 NP Nursing graduates have made history by earning coveted spots at the NUS Yong Yoo Lin School of Medicine.



(From left) Jolene Tan, A Helena Cattherine, Vanessa Natalia Sutristio, Muhammad Afiq Nabil bin Atiman, Natalie Kui, Ryan Krishnan and Kou Zi Qian (not pictured)



"NP Nursing has been a truly transformative journey. Serving as President of the Health Science Society, NP gave me more than just training – it gave me purpose. The blend of hands-on learning, strong mentorship, and leadership opportunities prepared me to serve with heart and pursue my dream of a career in medicine."

JEN SHI EN, ALICIA

Nursing graduate, Class of 2025

A recipient of the St Luke's Hospital Silver Medal & Prize and Diploma with Merit, Alicia is now pursuing Medicine at NUS Yong Loo Lin School of Medicine.



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askNP@np.edu.sg

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