

# Darkness to Light: Illuminating Possibilities



Illuminating Possibilities removes teams and managers from familiar surroundings, pushes them out of their comfort zones, and challenges them in thought and action. In a totally dark space, teams complete challenges within time limits. Without visual cues, participants are encouraged to embrace the dissonance, discover new ways of sense-making, and stretch their limits in communication, cooperation, trust and leadership.

## COURSE OBJECTIVES

Participants will:

- Enhance communication skills and be encouraged to convey information mindfully and openly
- Appreciate the value of questioning assumptions to avoid miscommunication and conflict
- Exercise adaptability and flexibility to accomplish the tasks assigned to their teams during the programme
- Strengthen teamwork and trust

## INTROSPECTIVE | MOTIVATING | ENLIGHTENING

*"I liked that the program made us complete challenges within a certain time frame while switching around the "leader" role. We had to step out of our comfort zone and react quickly to different situations."*

– Assistant General Manager, Panasonic

*"This is the best team building session ever. It has taught me to think out of the box when we have limited resources, and to always listen to understand the situation, before taking any action."*

– Chemist, Maritime and Port Authority of Singapore

**MODE**

In person

**TARGET AUDIENCE**

Adults

**FACILITATORS**

Visually impaired facilitators from Dialogue in the Dark Singapore

**DURATION**

3 hours

**COST**

\$200 per participant

Minimum 20 pax per session

Maximum 40 pax per session

Price does not include GST yet and may differ for smaller group sizes or if customisation is needed.

**Other Programmes**

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