

PRE-ADMISSION MEDICAL EXAMINATION FORM for NURSING STUDENTS Diploma in Nursing

Pre-Admission Medical Requirements											
<ol style="list-style-type: none"> 1. All applicants must complete a Pre-Admission Medical Examination before matriculation, including a chest X-ray and vaccinations for Hepatitis B, Chickenpox, Mumps, Measles & Rubella (MMR), Diphtheria, Pertussis & Tetanus (Tdap/DPT), and screening for Hepatitis B, C, and HIV. 2. Applicants must complete the required immunisations before their first clinical posting. Failure to do so will restrict access to healthcare and community care settings, resulting in delayed course completion. 3. All applicants must pass the pre-admission examination and be certified fit to perform patient care activities safely and effectively, as outlined in the Fitness to Practice Advisory. 4. Notify the school at sch_hs@np.edu.sg if you: <ol style="list-style-type: none"> a. Are Certified unfit for the course, or/and b. Are Unvaccinated for medical or personal reasons, or/and c. Have declared medical conditions (including psychiatric conditions requiring a fitness memo from a Psychiatrist; all associated costs are borne by the applicant). 											
Steps for Medical Examination											
<ol style="list-style-type: none"> 1. Download and complete the medical examination form before your appointment with a Singapore-registered medical practitioner. 2. Choose one of the following options for your medical examination: <table border="1" style="width: 100%; border-collapse: collapse; margin-top: 10px;"> <thead> <tr> <th style="width: 20%;">Options</th> <th style="width: 50%;">Details</th> <th style="width: 30%;">Cost</th> </tr> </thead> <tbody> <tr> <td style="vertical-align: top; padding: 5px;"> Appointed Clinic: Healthway Medical Clinic (Recommended) </td> <td style="vertical-align: top; padding: 5px;"> a) Refer to Annex A for the Healthway Medical clinic locations and operating hours. b) Book an appointment via NP Registration Form. c) Clinic submits the scanned medical reports directly to school. d) Students keep hard/soft copies for clinical training registration or verification. </td> <td style="vertical-align: top; padding: 5px;"> a) \$42 + GST (borne by students). b) Ngee Ann Polytechnic will fully cover the costs of subsequent vaccinations and post-screening serology tests. </td> </tr> <tr> <td style="vertical-align: top; padding: 5px;"> Other Singapore Clinics </td> <td style="vertical-align: top; padding: 5px;"> a) Students submit scanned medical reports via: <ul style="list-style-type: none"> ▪ Email: sch_hs@np.edu.sg or ▪ In-person: Block 81, Level 7. </td> <td style="vertical-align: top; padding: 5px;"> a) Students bear all costs for medical examination, vaccinations, and screenings. </td> </tr> </tbody> </table> 3. Documents to bring for Medical Examination: <ol style="list-style-type: none"> a. NRIC/Passport/FIN Pass b. Vaccination records or proof of immunisations/infections for Hepatitis B, Chickenpox (Varicella), Measles, Mumps, and Rubella (MMR), Tetanus, Diphtheria, and Pertussis (Tdap/DPT), COVID-19. c. Singapore Citizens can access their immunisation records via: <ul style="list-style-type: none"> ▪ Health Booklet ▪ National Immunisation Registry 			Options	Details	Cost	Appointed Clinic: Healthway Medical Clinic (Recommended)	a) Refer to Annex A for the Healthway Medical clinic locations and operating hours. b) Book an appointment via NP Registration Form . c) Clinic submits the scanned medical reports directly to school. d) Students keep hard/soft copies for clinical training registration or verification.	a) \$42 + GST (borne by students). b) Ngee Ann Polytechnic will fully cover the costs of subsequent vaccinations and post-screening serology tests.	Other Singapore Clinics	a) Students submit scanned medical reports via: <ul style="list-style-type: none"> ▪ Email: sch_hs@np.edu.sg or ▪ In-person: Block 81, Level 7. 	a) Students bear all costs for medical examination, vaccinations, and screenings.
Options	Details	Cost									
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PART A: PERSONAL PARTICULARS & ACKNOWLEDGEMENT <TO BE COMPLETED BY THE STUDENTS>

Full Name:		NRIC/Foreign Identification No:	
DOB (DDMMYYYY):		Gender: F / M	Mobile Number:
Home Address:			Student ID:

Personal Medical Record

Have you ever had or are you currently experiencing any of the following medical conditions?

Tick (✓) "Yes" or "No" and provide further details if you tick "yes"

Medical Condition	Yes	No	Medical Condition	Yes	No	Medical Condition	Yes	No
Active Tuberculosis			Physical Disability*			Dyslexia*		
Uncontrolled Epilepsy			AIDS/ HIV positive			Autism/Asperger's Syndrome*		
Uncontrolled Hypertension			Profound Deafness			Attention Deficit Hyperactivity Disorder (ADHD)		
Uncontrolled Diabetes			Legal blindness			Hepatitis B/C/E		
Uncontrolled Asthma			Hearing Impairment*			Others (to specify):		
Psychiatric condition ¹			Vision Loss/Impairment*					

*Early intervention and transition support will be provided upon declaration and submission of diagnostic/medical/psychological report.

VACCINATION HISTORY

Indicate the date of the vaccination or proof of immunity. Show this to the doctor during your examination.

Type of Vaccination	Date of 1 st dose	Date of 2 nd dose	Date of 3 rd dose	Date of 4 th dose
Hepatitis B				
Chickenpox/Varicella				
Mumps/Measles/Rubella (MMR)				
Influenza				
Tetanus, Diphtheria and Pertussis (Tdap)				
COVID-19				

STUDENT DECLARATION:

I hereby declare that all information provided is true and accurate to the best of my knowledge, with no deliberate omissions. I consent to my medical examination and test results being submitted to Ngee Ann Polytechnic for application processing. I understand that false declarations may lead to sanctions by Ngee Ann Polytechnic, including but not limited to civil action, disciplinary action, dismissal from the course, forfeiture of fees, fines, and other measures.

I acknowledge that I must undergo screening for blood-borne diseases (Hepatitis B, Hepatitis C, HIV) and immunisation against COVID-19, Hepatitis B, Chickenpox, Mumps, Measles, Rubella (MMR), and Diphtheria, Pertussis & Tetanus (Tdap/DPT) before my clinical training. I understand that referrals may be made at the doctor's discretion, with all associated costs borne by me.

I am aware that all prospective healthcare students must be fully vaccinated against COVID-19 with a vaccine regimen recognised in Singapore. Medically-ineligible individuals will follow prevailing Ministry of Health (MOH) and Healthcare Institutions' (HCI) policies. Medically-eligible individuals who choose to remain unvaccinated may not be able to access healthcare and community care settings for clinical posting, which may delay course completion.

I accept that the requirements and guidelines applicable to healthcare staff in healthcare institutions will also apply to me as a healthcare student of Ngee Ann Polytechnic, Diploma in Nursing. I undertake to comply with these requirements and guidelines, and I understand that failure to do so may affect my ability to complete course requirements, graduate, obtain registration and/or employment, and fulfil my bond obligations.

Signature of Student:		Date of Signature:	
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¹ Students with history of psychiatric illnesses **must** be assessed by a Singapore registered Psychiatrist to be mentally fit to pursue the Diploma in Nursing course and obtain a medical memo before the pre-admission medical examination.

PART B: MEDICAL EXAMINATION <TO BE COMPLETED BY THE EXAMINING DOCTOR>

<u>Physical Examination</u> Height (m): _____ Weight (kg): _____ BMI: _____	<u>Urine Analysis</u> Glucose: _____ Protein: _____ Blood: _____	<u>Visual Acuity</u>	R	L
		With Glasses		
		Without Glasses		
		Colour Deficiency	Yes / No	
		Type of colour deficiency (e.g., partial or full, colour deficits in red-green or blue-yellow, etc.)		

PHYSICAL EXAMINATION

Ears:	Nose:
Throat:	Heart:
Pulse:	Blood Pressure:
Abdomen & Pelvis:	Hernia or Enlarged Rings:
Back & Spine:	Haemorrhoids:
Skin:	Injury, Operation or Illness:
Lungs:	Mental Disposition:
Ears:	Nose:
General Physique:	
Does the student have any previous medical conditions to declare? <input type="checkbox"/> Yes <input type="checkbox"/> No	
If yes, please specify:	
<p>Note:</p> <ul style="list-style-type: none"> • Psychiatric History: Students with a history of psychiatric illness must submit a medical memo from a Singapore registered psychiatrist. If a psychiatric condition is suspected, a referral to a psychiatrist is required for further assessment before certifying fitness. • Physical Disabilities: Students with physical disabilities may be eligible for early intervention and transition support. Please ensure the necessary diagnostic or medical reports are submitted. • Blood-Borne Diseases² (BBD): Students screened positive for Hepatitis B, C, or HIV may still be admitted to the nursing course but will be restricted from performing exposure-prone procedures in clinical settings. • Inform the school if there are any students who declare medical conditions. 	

Chest X-ray
(please tick "✓" in the empty box accordingly)

Normal Abnormal

If abnormal, please specify abnormality:

² Those who screen positive for BBD (Hep B, Hep C & HIV) should receive post-screening counselling by a registered medical practitioner. They must also accept certain restrictions to their clinical training and future practice i.e. they will not be allowed to perform or assist with exposure-prone procedures. Inform

1. Blood Investigation Results
(please tick "✓" the appropriate box)

Type of Blood Screening	Non-Reactive	Reactive	Vaccination Dates / Remarks if any
HBs Antigen ²			
HBs Antibody			
Anti-HCV, Total ²			
Chickenpox Antibody (Anti-VZV IgG)			
HIV Antigen ²			

Note: The student's declared medical history report, chest X-ray and blood investigation report **must be attached** to this medical examination form for submission.

2. Blood Screening & Vaccination Requirements

All students enrolled in the **Diploma in Nursing** must meet the following requirements:

- a) Students must be vaccinated against **Hepatitis B, Chickenpox, MMR, and Tdap**.
 - i. **Hepatitis B:** An **Anti-HBs Ab** level > 10mIU/mL is acceptable evidence of immunity.
 - ii. **MMR:** If no immunity or only one dose, **two doses** are required (4 weeks apart, or as advised).
 - iii. **Tdap:** Tdap is valid for 10 years. If your last dose was more than eight years ago, a Td booster is required to ensure it remains valid throughout the three-year course.
- b) BBD²
 - i. Students tested **positive** for **Hepatitis B, Hepatitis C, or HIV** may still be admitted to the course, but will be restricted from performing **exposure-prone procedures** during clinical training, as per **MOH guidelines**. Please inform the school if a student tests positive for any of these bloodborne diseases.
- c) For detailed blood screening and vaccination requirements, please refer to **Annex B**.
- d) Please complete the tables below based on the student's vaccination/immunity history and/or investigation results.

Table A: Vaccination Status

Type of Vaccination	Number of Dose(s) Required	Date of 1 st Dose	Date of 2 nd Dose	Date of 3 rd Dose
Hepatitis B	1 / 3 / Not Required*			
Chickenpox	2 / Not Required*			NA

Table B: Immunity Status

Type of Vaccination	Evidence of Immunity	Number of Dose(s) Required	Date of 1 st Dose	Date of 2 nd Dose
MMR^a	Yes / No*	2 / Not Required*		
Tdap^b	Yes / No*	1 dose of Tdap / 1 Td booster* / if not required, specify the date of last Tdap received _____(dd/mm/yyyy)		NA
COVID-19³	Yes / No*	1 / 2 / Booster / Not Required*		
Reason for not being vaccinated or partially vaccinated				

*Circle where appropriate. "Not Required" means the presence of immunity. If required, please verify and provide the first dose immediately.

CERTIFICATION OF FITNESS BY THE EXAMINING DOCTOR

³ COVID-19: At least two doses are required.

Applicants for the **Diploma in Nursing** must be certified as fit to undertake the course and clinical training. This includes meeting the required physical, mental, auditory, and visual abilities necessary for patient care. These standards are set in consultation with the **Singapore Nursing Board (SNB)** and **Ministry of Education (MOE)** to ensure that students are fit to practice upon graduation and registration.

For detailed requirements, please refer to the [Fitness to Practice Advisory](#).

Abilities Assessment

The doctor should assess the following abilities and certify the student as Fit or Unfit for each

Ability Assessment Criteria	Fit	Unfit
1. Mental-Cognitive ability (a) understand and respond to verbal communications accurately, appropriately and in a timely manner (b) possess awareness of one's surroundings to avoid causing harm to oneself and others (c) demonstrate emotional stability to function under stress and pressure when performing care on patients (d) remain calm when being observed by instructors and other health care personnel during clinical practice attachments (e) maintain a sufficient level of concentration to complete tasks in a safe and reasonable time frame (f) recall relevant information (g) demonstrate the ability to perform arithmetic calculations		
2. Physical ability to: (a) move around in the clinical environment, walk, stand, bend, squat, kneel, reach, lift, climb, push and pull, carry objects, use both arms (b) perform patient transfers (c) operate and carry instruments, materials and equipment independently (d) perform the necessary sequences of hand-eye coordination to carry out clinical procedures (e) have the physical stamina to complete clinical shifts, including rotating shifts		
3. Auditory ability to: (a) detect faint body sounds (e.g. blood pressure, heart, bowel, lung sounds using a stethoscope) (b) hear different types of auditory alarms and alerts (e.g. patient monitors, call bells, infusion pumps) (c) hear and understand normal speaking level sounds in both quiet and noisy environments (e.g. person-to-person report, patient conversations, team communications)		
4. Visual ability to: (a) detect changes in physical appearance, colour and contour (b) read medication/drug labels, markings on syringes, printed and written documents, coloured (c) digital readings on medical/clinical devices and electronic health records accurately (d) assess and describe colour, consistency and volume of bodily discharge and fluids		

Certification of Fitness

The student is:

1. Fit / Unfit to pursue the **Diploma in Nursing** course at Ngee Ann Polytechnic (completed / pending vaccination requirements).

2. Free / Suffering from organic and infectious diseases at the time of examination.

Remarks, if any:

**Circle where appropriate.*

PART C: TO BE COMPLETED BY THE EXAMINING DOCTOR

Name of Doctor:	Name & Address of Practice:
Signature of Doctor:	Date:

List of Clinics for Pre-Admission Medical Examination

No	Clinic Address	Contact Number	Operating Hours Mon to Fri	Operating Hours Sat, Sun & PH	X-Ray Facilities (subject to changes)
1	Healthway Medical 95 Aljunied Crescent #01-521 Singapore 380095	6016 5099	Mon & Wed 8:30am – 1:00pm 2:00pm – 5:00pm 6:00pm – 9:00pm Tues & Thurs & Fri 8:30am – 1:00pm 2:00pm – 5:00pm	Sat 8:30am – 1:00pm Sun & Public Holidays Closed	DX Imaging @ Eunos 160 Changi Road, Hexacube, #02-07, 419728
2	Healthway Medical Blk 717 Woodlands Drive 70 (Opposite Admiralty Mrt Station) #01-114 Singapore 730717	6364 7450	Mon & Tue 8:00am – 1:00pm 2:00pm – 5:00pm 6:00pm – 11:00pm Wed – Fri 8:00am – 1:00pm 2:00pm – 5:00pm 6:00pm – 9:00pm	Sat & Public Holidays*** 8:00am – 1:00pm 2:00pm – 5:00pm 6:00pm – 9:00pm Sunday*** 8:00am – 1:00pm 2:00pm – 5:00pm	Woodlands Polyclinic 10 Woodlands St 31 Singapore 738579
3	Healthway Medical 452 Ang Mo Kio Avenue 10 #01-1787 Singapore 560452	6451 6558	Mon – Thurs*** 8:00am – 1:00pm 2:00pm – 5:00pm 6:00pm – 9:00pm Fri*** 8:00am – 1:00pm 2:00pm – 5:00pm	Sat*** 8:00am – 1:00pm 2:00pm – 5:00pm Sun & Public Holiday 8:00am – 1:00pm	Medical Imaging Blk 422 Ang Mo Kio Ave 3 #01-2516 Singapore 560422 Ang Mo Kio Polyclinic Blk 723 Ang Mo Kio Avenue 8 #01-4136 Singapore 560723
4	Healthway Medical Blk 153 Bukit Batok Street 11 (Near St Luke's Hospital) #01-284 Singapore 650153	6567 9881	Mon - Sat 8:00am – 1:00pm 2:00pm – 5:00pm 6:00pm – 9:30pm**	Sun & Public Holidays 8:00am – 1:00pm 2:00pm – 5:00pm	Parkway Radiology Blk 130 Jurong East St 13 #01-219 Singapore 600130 Bukit Batok Polyclinic
5	Healthway Medical 90 Hougang Ave 10 #04-06 Hougang Mall Singapore 538766	63437620	Mon, Wed & Fri 9:00am – 1:00pm 2:00pm – 5:00pm 6:00pm – 9:00pm Tues & Thu 9:00am – 1:00pm 2:00pm – 5:00pm	Sat & Sun 9:00am – 1:00pm Public Holidays Closed	Hougang Polyclinic 89 Hougang Avenue 4 Singapore 538829
6	Healthway Medical Blk 18 Jalan Membina #02-08 Singapore 164018	6016 5138	Mon & Thurs*** 8.30am – 1:00pm 2:00pm – 5:00pm 6:00pm – 9:00pm Tue, Wed & Fri*** 8.30am – 1:00pm 2:00pm – 5:00pm	Sat*** 8.30am – 1:00pm Sun & Public Holiday*** Closed	Healthway Screening @ Downtown 6A Shenton Way, #03-11 Downtown Gallery, Singapore, 068815
7	Healthway Medical Blk 690 Jurong West Central 1 (Opposite Jurong Point Shopping Centre next to Boon Lay MRT station) #01-193 Singapore 640690	6792 1812 /6791 5719	Mon - Thurs*** 8:30am – 12:30pm 2:00pm – 5:00pm 6:00pm – 9:00pm Fri*** 8:30am – 12:30pm 2:00pm – 5:00pm	Sat, Sun & Public Holiday*** 8:30am – 12:30pm	Drs Lim, Hoe & Wong Radiology (Jurong Point) 1 Jurong West Central 2, JP1, #B1A-19C, Jurong Point Shopping Centre, Singapore 648886
8	Healthway Medical 10 Sinaran Drive	6352 8696	Mon 8.30am – 1.00pm	Sat 9.00am – 1.00pm	Life Scan

	#09-36 Novena Medical Centre Singapore 307506		2.00pm – 6.00pm Tue – Fri 8.30am – 1.00pm 2.00pm – 5.30pm	Sun & Public Holidays Closed	10 Sinaran Dr, #08-02 Novena Medical Center, Singapore 307506 DX Imaging
9	Healthway Medical Blk 139 Tampines St 11 #01-16 Singapore 521139	6781 2281	Mon – Fri** 8:30am – 12:00pm 2:00pm – 4:30pm 6:45pm – 8:30pm	Sat & Sun 8:30am – 12:30pm Public Holiday Closed	Tampines Street 11 X-Ray Clinic (Medical Imaging) 138 Tampines St. 11, #01- 130, Singapore 521138
10	Healthway Medical Blk 101 Yishun Ave 5 #01-15 Singapore 760101	6755 1345	Mon 8:30am – 1:00pm 2:00pm – 5:00pm 6:00pm – 9:00pm Tue - Fri 8:30am – 1:00pm 2:00pm – 5:00pm	Sat 8:30am – 1:00pm Sun & Public Holidays 9:00am – 12:00pm	Yishun Polyclinic 30A Yishun Central 1 Singapore 768796
11	Healthway Medical Blk 748 Yishun Street 72 #01-230 Singapore 760748	6853 7101	Mon – Fri** 8:30am – 1:00pm 2:00pm – 5:00pm	Sat 8:30am – 1:00pm Sun & Public Holidays 9:00am – 12:00pm	Yishun Polyclinic 30A Yishun Central 1 Singapore 768796

***X ray facilities listed are the usual vendor which is tagged to the clinic. Assignment to which x ray vendor will be done by clinic, subject to availability.*

Annex B

Screening and Vaccination Requirements for Nursing students in accordance with the prevailing MOH guidelines

Infectious Disease	Previous recommendations for vaccination	Latest recommendations for vaccination
Mumps, Measles and Rubella (MMR)	<ul style="list-style-type: none"> 2 doses; minimum interval of at least 4 weeks apart 	<ul style="list-style-type: none"> If students do not have documented evidence of immunity, 2 doses; minimum interval of at least 4 weeks apart Students who only received one dose of MMR during childhood should be vaccinated with a second dose of MMR
Tetanus, Diphtheria and Pertussis (Tdap)	<ul style="list-style-type: none"> 1 dose of Tdap, irrespective of the interval since the last dose of tetanus or diphtheria containing vaccine 	<ul style="list-style-type: none"> 1 dose of Tdap, if students have not previously received it, followed by Td booster once every 10 years If students have previously received 1 dose of Tdap, Td booster is recommended once every 10 years
Hepatitis B	<ul style="list-style-type: none"> Primary vaccination consists of 3 doses at 0, 1 and 6 months. Students with anti-HBs concentrations of <10 mIU/mL should be revaccinated with a second 3-dose series, followed by anti-HBs testing. 	<ul style="list-style-type: none"> Primary vaccination consists of 3 doses at 0, 1 and 6 months All students who do not have evidence of immunity should be vaccinated with a primary 3-dose vaccination series, followed by post-vaccination serology test (anti-HBs testing) within 1-2 months after completion of the primary 3-dose vaccination series to determine the level of protective antibodies (i.e. anti-HBs \geq10 mIU/mL). Students with post-vaccination anti-HBs concentrations of <10 mIU/mL should be revaccinated with a single booster dose (followed by 2 more booster doses if there is no immune response) or a second 3-dose series, followed by anti-HBs testing within 1 to 2 months If there is still no immune response after two cycles of vaccination (i.e. primary 3-dose series followed by serological testing and an additional 3-dose series or 3 booster doses followed by serological testing), refer the non-responder to an Occupational Health physician for counselling If an immune response has been documented (i.e. anti-HBs \geq10 mIU/mL), further serological testing and booster doses are not required
Varicella (Chickenpox)	<ul style="list-style-type: none"> 2 doses; minimum interval of 4-8 weeks apart 	<p>All students should be immune or vaccinated.</p> <ul style="list-style-type: none"> Documented proof of vaccination with 2 doses of varicella vaccine given at least 4 weeks apart; or Serological evidence of immunity; or Diagnosis or verification of history of varicella disease by a physician or laboratory